

# VOLUNTEER OPPORTUNITIES JUST FOR YOU!

We are looking for people who are passionate about helping homebound seniors



## P.A.W BITES

- Deliver pet food once a month.

## P.A.W EXPRESS

- Take our furry friends to the vet clinic the 2nd Tuesday of each month.

**PAW**  
Pets Are Wonderful



**MEALS on WHEELS**  
SOUTH TEXAS

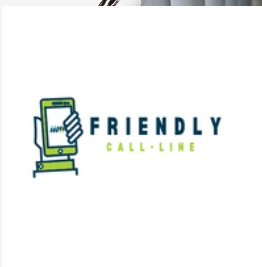
## Mobile Meals

- Deliver meals every Monday



## In-House Assistance

- Kitchen assistance with cutting veggies and washing dishes.
- Moving frozen boxes from garage to freezer, or from freezer to pick up room.
- Package dog food.
- Assist with event preparations.



## TogetherNESS Call Program

- Call Senior clients from your home on your time!
- Personal information protected through our call-line.

**JOIN US!**

**Contact us today to sign up!**

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