

May 2025 Newsletter



THIS MONTH



MEALS on WHEELS
SOUTH TEXAS

Cuero Pet Food
May 7th

Food Bank
May 15th

PAW Express
May 13th

Victoria Pet Food
May 28th

Library Delivery
May 21st

Holiday Closure
May 26th

➤ [Full Calendar, Page 4](#)



WHAT WE DO

MOBILE MEALS

Our Mobile Meal program provides nutritionally balanced meals for homebound seniors who are not able to provide themselves with a homecooked meal.

LIBRARY TO GO

We partner with Victoria Public Library to deliver library items and crafts to our homebound clients.

TOGETHERNESS

Our Togetherness program aims to lessen the isolation and loneliness homebound adults can experience by creating opportunities to build social connections and friendships through weekly calls and/or visits.

CONNECTION CAFE

Our Congregate Meal program provides a nutritionally balanced lunch and daily activities every weekday.

Victoria Location:
Monday - Friday
9:30 AM - 12:30 PM

Yorktown Location:
Monday - Friday
10:00 AM - 1:00 PM

Meals served at 11:30 AM.

Meal Reservations must be made 48 hours in advance.



PAW
Pets Are Wonderful
MEALS • WHEELS • VISITS

Pets Are Wonderful delivers monthly pet food to registered home-delivered meal clients for up to two pets per household. Additionally, we offer vet care which consists of basic wellness checks and preventive care for our clients' pets.

SERVICES

FOR CURRENT CLIENTS

You must be an enrolled meal client to receive these services.



THAN A MEAL



WHAT WE STAND FOR



MEALS on WHEELS
SOUTH TEXAS

Our Mission
Promote independence for area seniors by alleviating hunger and social isolation.

Our Vision
A community where all seniors live nourished lives.

● VOLUNTEER ● DONATE
www.mowstx.org



CROWN HOSPICE

Providing Comfort, Bringing Compassion and Sharing Hope
1406 East Red River • Victoria, TX 77901
361-575-5900
www.crownhospice.com

"And when the Chief Shepherd shall appear, ye shall receive a crown of glory that fadeth not away." 1 Peter 5:4

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Near two regional hospitals, Retama Manor is a warm, homelike nursing facility and rehabilitation center.
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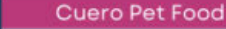





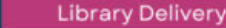






361-575-3212 (Victoria) 361-552-2300 (Port Lavaca)

As part of our commitment to serving veterans, we provide a complimentary casket or urn. Additionally, we offer pre-planning services, and we honor all existing pre-plans from our competitors.



FREE AD DESIGN
with purchase of this space
CALL 800-950-9952

MAY ACTIVITIES & MORE

Monday	Tuesday	Wednesday	Thursday	Friday
			1  New Century Hospice	2 Crafts with Hospice of South Texas
5 	6  First Christian Church	7 Step Up - Scale Down with Texas AgriLife 	8  Crown Hospice	9 Music & Movement
12 Travel through Sri Lanka	13  MOWSTX 	14 Aging Well Conference Connection Café - Victoria & Yorktown Closed	15  The Vine School 	16 10 Warning Signs Presentation with Alzheimer's Association
19 Game Day	20  Harbor Hospice of Victoria	21 Crafts with Victoria Public Library 	22  Twin Pines North	23 Movie Day
26  	27  Trinity Shores of Port Lavaca	28 Step Up-Scale Down with Texas AgriLife 	29  MOWSTX	30 Craft Day with MOWSTX



Join us for this **FREE** event featuring educational speakers, local vendors, health screenings, complimentary lunch, plenty of giveaways, and so much more!

Social hour start at 9am-10am & exhibit doors will open at 10:00am.



SCREENINGS:

Blood Pressure, Glucose, Cholesterol *(Provided by Citizens Medical Center)*
Vision *(Provided by Walmart)*



COMPLIMENTARY LUNCH:

Free lunch offered to those aged 55 years and older.
(Provided by Post Acute Medical (PAM))

MAY 14, 2025

Victoria Community Center
10:00 AM - 2:00 PM

For more information, contact Louis Morales at louism@gcrpc.org or Rachel Clark at events@cmcvtx.org.

FREE EVENT



HOSTED BY:



Vendors Please Register Here!

Home Delivered Meals

We deliver meals once a week. You will receive great tasting meals filled with nutrients good for health and well-being.

Meals are designed by our Registered Dietitians to provide key nutrients.

BOX 1

- Spaghetti & Meatballs
- Pork Patty & Gravy
- Breaded Pollock
- Chicken Tenders & Zesty Orange Chicken
- Creamy Country Fried Steak

BOX 2

- Fried Egg Patties
- Salisbury Steak
- Chicken & Dumplings
- Red Beans & Rice w/Sausage
- Chicken & New Orleans Style Rice

BOX 3

- Honey Mustard Chicken Tenders
- Breaded Pollock w/ Parm Rosa Sauce
- Huevos Rancheros
- NY Beef Strip Patty & Gravy
- Turkey Meatloaf w/ Zesty Orange Rice

BOX 4

- Cheese Lasagna w/ Meat Sauce
- Rosemary Chicken
- Ginger Pork
- Beef Patty
- Pollock Nuggets

BOX 5

- Breakfast Burrito w/ Salsa
- Homestyle Meatloaf
- Chicken & Apricot Rice
- Pollock w/ Coconut Rice
- Southwest Casserole

SUGGESTED CLIENT CONTRIBUTION:
It's not required, but it helps a lot.

\$3 HOME-DELIVERED MEAL
(\$15/week)

\$3 MEAL AT THE CAFÉ
(\$15/week)

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hospiceofsouthtexas.org

MOWSTX Update



April 17, 2025

Re: Federal Funding Uncertainties

You may have seen recent headlines about Meals on Wheels and concerns over federal funding. We want to provide some clarity and reassurance.

First and foremost: Meals on Wheels South Texas is not shutting down.

That rumor has been circulating, but it is absolutely false.

Here's what we know:

- **Two key federal funding sources** (Older Americans Act Title III and Social Services Block Grant Title XX) are being reviewed for possible cuts. These account for about **40% of our budget**. While a reduction would be challenging and may require adjustments, **it will not force us to close**.
- These funds are managed by the **Administration for Community Living (ACL)**, which is being significantly downsized. More than 40% of its staff have been let go, and regional offices—including the one in Dallas—have been eliminated. You may hear calls to preserve ACL, but **its elimination does not mean Meals on Wheels programs are ending**.
- **Each Meals on Wheels program is different**. Some rely entirely on federal funds and may be at risk of closure. Media reports often reference "Meals on Wheels" without specifying which program—**geographic designation matters**.
- Sometimes "Meals on Wheels" is used as a generic term for any senior meal service. This confusion has happened locally in the past when other organizations operated separate meal programs under similar names.

Again: **We are not closing.**

We are preparing for potential funding cuts, but we remain committed to serving older adults in **Victoria, DeWitt, and Goliad counties**.

Your support makes a difference. Donations help close the funding gap and ensure that older adults in our community can live connected, nourished lives. You can give online at mowstx.org.

Sincerely,

Dan Capone
President and CEO

Office: 361-576-2189 x114

Email: dan@mowstx.org

Community Spotlight



VICTORIA PUBLIC LIBRARY
IMAGINE. DISCOVER. CONNECT.

Visit our website:
victoriapubliclibrary.org
Scroll down to
"Library Events"
to see more activities!

- Adult Events
- ★ Juvenile Event



● Fun Friday
2nd, 9th, 16th, 23rd, 30th
10-11am

Join us for a fun creative or physical activity every Friday morning from 10 to 11am. We'll be offering a different activity each week, from coloring to chair yoga to arts and crafts. Come meet new people while enjoying a fun and engaging activity.

★ Star Wars Day
Monday 5th
5-6pm

Join us for an exciting "Revenge of the Sith" event! If you're brave enough to embrace the dark side, come and craft with us!

● More Events
Thursday 1st 1-2pm:
Yarn Craft Club

Thursday 15th 4:30-5:30pm:
Yarn Craft Club

Thursday 1st, 8th, 15th, 22nd & 29th
5:30-6:30pm:
Agrilife: Step up program

Monday 5th 6-7pm:
Collage Nite

Monday 12th 10-11am:
Genealogy Talk

Saturday 17th 1-3pm:
Coast Writers

Monday 19th 6-7pm:
Young Adult Book Club

Monday 19th 6-7pm:
True Crime Book Club

Wednesday 21st 6-7pm:
No Pressure Book Club

Saturday 24th 12-2pm:
Chess Club

★ Summer Fun Fest
Saturday 31st
10-1pm

Summer has ARRIVED! Come and celebrate with us as we launch the exciting season and our annual Summer Reading Program at our Summer Fun Fest! Join us for a fantastic time with special guests from Chick-Fil-A, VFD, VPD, Children's Discovery Museum, Baskin Robbins, PJ Coffee, and many more!

★ More Events
Thursday 8th 4-5pm:
Inbetweeners: Wind Friends

Tuesday 13th 2-3pm:
Midday Getaway: Spinning Tops

Thursday 15th 5-6pm:
Teen Tech: Claw Catcher

Monday 19th 4-5pm:
Crafternoon: Sock Puppets

Wednesday 21st 2-2:30pm:
Bilingual Story time

Thursday 22nd 4-5pm:
Learning Lab: Rainbow Run



Citizens MEDICAL CENTER
Home Health

361.579.1305 ★★★★★

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MEALS on WHEELS
SOUTH TEXAS

ALL IT TAKES IS EIGHT!

JUST \$8 CAN PROVIDE A MEAL TO A SENIOR IN NEED IN SOUTH TEXAS.

YOUR GENEROSITY MAKES A DIFFERENCE, ONE MEAL AT A TIME!

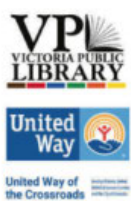
FILL A PLATE



Just \$40 delivers a senior a week of healthy lunches.



give.mowstx.org

THANK YOU TO OUR COMMUNITY PARTNERS:



- Office Hours: 8:00 AM - 3:00 PM
 - 603 E Murray St, Victoria, TX 77901
 - Contact: 361-576-2189
 - Email: info@mowstx.org
 - Website: www.mowstx.org
 - Stay up-to-date every day:
- 



- @MOWSouthTexas**

GET FEATURED: Call 361-576-2189 x116 to talk about partnering. For advertising, contact Erica Johnson with our printer, LPi, at 316-258-6202.